

Cal/OSHA Workplace Safety: 30-hour General Industry Training

The financial benefits of taking this 5-day Cal/OSHA virtual certification course can be staggering. Your work site will be safer and healthier, man-hours lost to injury and downtime will plummet and productivity will increase. Your insurance rates will reflect your commitment to safety, and you'll be able to sleep better at night knowing that you're doing everything you can to protect your company from costly penalties for noncompliance.

We promise that when you attend this LIVE, virtual training event, you won't just sit there getting a dry, boring 5-day lecture. We've packed these sessions with interactive exercises that will give you practical experience you can use immediately. Plus, you'll get a firsthand look at many of the resources and tools you'll need to create your own training back at work.

And, upon successful completion of this course, you'll receive your 30-hour general industry training card from OSHA that shows your deep commitment to the safety and health of your employees. So even if you only use one strategy that saves your company from a compliance error — or an employee from a life-threatening injury — this program will more than pay for itself several times over. Don't wait another minute!

NOTE: To protect the integrity of this virtual certificate program, participants must attend this training with cameras on.

Day 1

- Test your knowledge
- Understanding California OSHA standards
- Comprehensive review of Federal OSHA 4-Point Plan
- The 8 elements of Cal/OSHA
- Creating a clear, effective safety policy
- Understanding management's responsibility and authority for safety and health
- Developing training and education initiatives
- Boosting employee compliance

Day 2

- Using workers' notification of unsafe conditions to get employees involved
- Creating a safety committee or task force and who should be on it
- Performing worksite analysis with self-inspections/audits and third-party evaluations
- Understanding the most-cited safety and health violations
- Introduction to industrial hygiene: health hazard recognition, airborne contaminants and abating health hazards

Day 3

- Creating a hazard communication program
- Creating a control plan for bloodborne pathogen exposure
- Conducting a workplace hazard assessment for Personal Protective Equipment (PPE)
- Certified PPE training — what you need to know
- Indoor air quality: sick building syndrome and building-related disease
- Defining permit-required confined space

- Machine guarding: point of operation, prime movers and rotating/moving parts

Day 4

- What causes electrocution and how to prevent it
- Procedures and programs behind controlling hazardous energy
- Material handling and training requirement for power industrial trucks
- Guidelines of ergonomics
- Creating a hierarchy of prevention with ergonomics
- Office safety: creating an effective team

Day 5

- Defining workplace violence
- Understanding what you can do about workplace violence
- Identifying and preventing noise issues
- Factors to consider in accident investigations
- Why and how you should document accident investigations
- The 3-step formula for hazard prevention and control
- Voluntary guidelines on training
- Standards that require training
- Creating acceptable training programs
- OSHA recordkeeping and reporting
- Post-test course evaluation

